Your Pursuit of Happiness



Fridays, November 6th, 13th & 20th at 10:30am
Fireplace Room

"How happy are you and why?" This is the question posed by journalist Eric Weiner in his book The Geography of Bliss. As he traveled around the world, he hoped to discover ways to increase the reader's sense of happiness. He relays what he learned in countries from Switzerland to Qatar or Moldavia. His answers are entertaining and enlightening

This is an invitation (1) to read the book, The Geography of Bliss, or reread it if you have already discovered this humorous book. Then (2) to join a discussion group to discuss it. November is likely to be an emotional rollercoaster as we go the election and its aftermath. So, we may need a way to come together and laugh. Plummeting the meaning of Happiness may help. We will meet for three sessions (come to as many as you wish), and hopefully increase your satisfaction with the world events.

I have multiple copies of The Geography of Bliss, which I will happily loan. Just let me (Libby Loafmann) know. Our discussion group will be held in the Fireplace Room on Tuesday, November 6, 13 & 20 at 10:30am. More details will follow.

Questions? Contact Libby Loafmann at 4eastinn@gmail.com.