



**Baltimore County  
Agriculture Center**

# OUTDOOR CONNECTION TRIP

This outdoor connection experience is an invitation to slow down and engage your senses. Bring along a favorite book, painting supplies, or a journal. Wander the trails, take a hike, or enjoy a peaceful walk. Visit the animals, soak in the natural surroundings, and give yourself permission to simply be—curious, grounded, and connected.

**Monday, May 4<sup>th</sup> 10am-12pm**

Bus Loads at 9:30am

**REGISTER**

[wellness@broadmead.org](mailto:wellness@broadmead.org)

