

# Welcome to the Broadmead Trails!

The trails are here for your enjoyment! The trails offer a great opportunity to connect with nature, exercise and/or spend time with family and friends.

## **Safety Is Important**

- ✓ Walk with a companion whenever possible.
- ✓ Always wear your emergency pendant on the trails.
- ✓ Stay well hydrated.
- ✓ Know your limitations.
- ✓ Refrain from using the trails in the dark.

## **Leave No Trace**

This is a natural area and you should limit your impact. Stay on the trails and remember to:

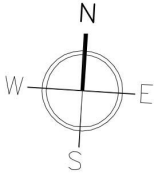
*“Leave nothing but footprints and take nothing but pictures.”*

## **Maps and Questions**

If you would like a copy of the trail maps or have questions please contact [wellness@broadmead.org](mailto:wellness@broadmead.org) or call (443) 578-x8060

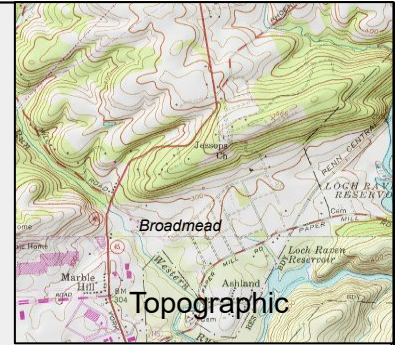
You can also contact the resident Trail Crew with questions.

# Broadmead Upper Trails Guide

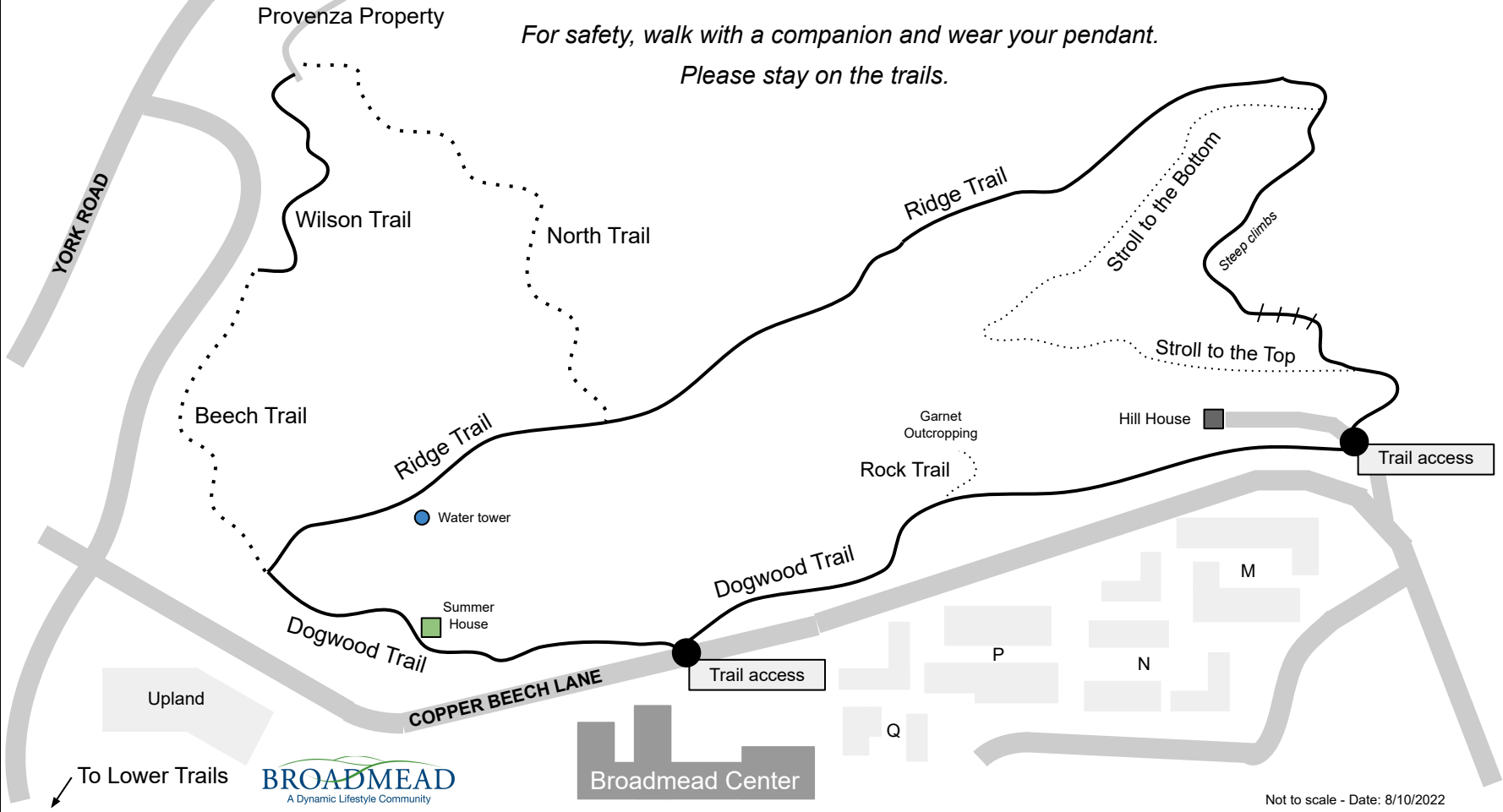


## Legend

Name	Level of difficulty	Distance - Gain/Loss	Elevation
Beech Trail	Easy	0.09 mi - 34 ft	
Dogwood Trail	Moderate	0.31 mi - 38 ft	
North Trail	Moderate/difficult	0.13 mi - 65 ft	
Ridge Trail	Easy/difficult	0.48 mi - 309 ft	
Rock Trail	Moderate	0.03 mi - 13 ft	
Stroll to the Top	Difficult - 1 switchback	0.21 mi - 130 ft	
Stroll to the Bottom	Difficult - 1 switchback	0.21 mi - 130 ft	
Wilson Trail	Moderate	0.12 mi - 91 ft	





*For safety, walk with a companion and wear your pendant.  
Please stay on the trails.*

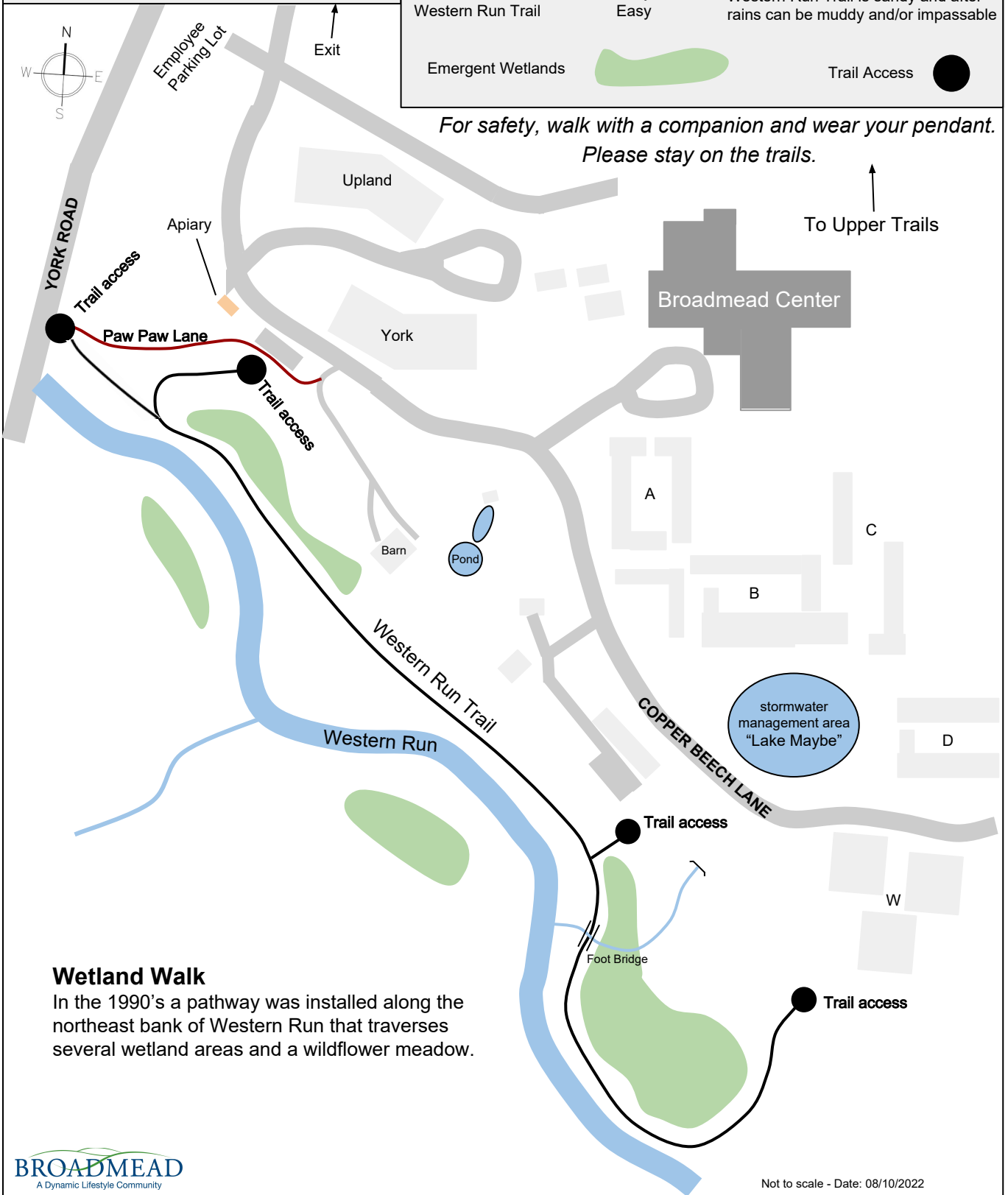


# Broadmead Lower Trails Guide

## Legend

Name	Level of difficulty	Safety notice
Paw Paw Lane	Easy	Western Run Trail is sandy and after rains can be muddy and/or impassable
Western Run Trail	Easy	
Emergent Wetlands		Trail Access 

*For safety, walk with a companion and wear your pendant.  
Please stay on the trails.*



### Wetland Walk

In the 1990's a pathway was installed along the northeast bank of Western Run that traverses several wetland areas and a wildflower meadow.