

# I'm Right – You're Wrong- The Class



## **Rational:**

This will be a four -part lecture/discussion series focused on our tendency to think of people as enemies, the people with whom we have vastly different political opinions. This inclination may be natural, but it is counter- productive because it impairs our ability to seek solutions to some very real problems facing our country. It is also the source of pain when ‘the enemy’ is also a friend or a relative.

## **Structure:**

The first two sessions will explore the basis for the emotional responses we tend to emit when in confrontations. We will rely on the research of Jonathan Haidt (The Righteous Mind) and Yuri Noah Harari (Sapiens). Sessions 3&4 we will use to practice/ rehearse productive responses to actual controversies.

## **Dates/Place:**

Fridays September 4th, 11th, 18th and 25th At 1:00 pm (Time well ahead of the social hour)

We will meet in the FIREPLACE ROOM

## **Registration:**

17 residents have contacted me – you are counted

Group size will max- 25 residents

To join or opt out of this class, after signing up, contact Libby Loafmann at [4eastinn@gmail.com](mailto:4eastinn@gmail.com).