

Voice OF THE RESIDENTS

Vol. 47 • No. 4 Broadmead • Cockeysville, MD

Holiday Happenings

New Year's Eve Celebration 2025

7:00 - 9:30 p.m. • Auditorium
Hearty Hors d'Oeuvres & Sweets
Beer, Wine, Soft Drinks
Dancing • Karaoke • Champagne Toast

Seasonal Musical Performances

Wednesday, December 3 - 7:00 PM
Solomon Eichner, Piano

Friday, December 5 - 5:00 PM
Hunt Valley Chorale

Monday, December 8 - 1:30 PM
**Roland Park Country School
Semiquavers**

Wednesday, December 10 - 7:00 PM
Community Concert Choir

Friday, December 12 - 2:30 PM
Lessons and Carols
Refreshments to follow

Friday, December 19 - 11:00 AM
**Annual Holiday Concert
by the Broadmead Chorus**

Friday, December 19 - 1:30 PM
**Friends Middle School
Chamber Choir & Sing-Along**

—IN THE AUDITORIUM—
MORE DETAILS ON PAGE 2

Award-winning chef to be new Dining Services Director

By Jackie Mintz

The appointment of Enzo Fargione, an award-winning chef, as Dining Services Director represents a pronounced change from the past. Enzo has been the executive chef of several multi-starred restaurants and has also held general manager and director of food and hospitality positions in several upscale hotels and clubs. He will begin working at Broadmead on December 8.



Enzo Fargione.

Commenting on the appointment, CEO Jay Prince said, "Through his experience in fine dining and his commitment to innovation and education, Chef Fargione will bring a fresh perspective to our culinary operations and he is well prepared to shape the future of the senior living experience at our community. We believe that with his distinguished background in both the culinary and hospitality industries, he will help us achieve new heights in our dining services, not just in terms of the quality and variety of food but also in the overall dining experience for our residents."

Born and raised in Turin, Italy, Enzo graduated from the Culinary Institute in that city and came to America in 1986. After a short stop at a San Diego restaurant, he came to Washington, D.C. to work as sous chef to Roberto Donna, the James Beard Award-winning chef of the storied restaurant Galileo.

In 2008, following a consulting assignment in upstate New York, Enzo became executive chef at another Washington restaurant, Teatro Goldoni, where he transformed its traditional Italian cuisine into a distinctive *cucina moderna*. His innovative culinary approach landed him on the pages of *Esquire Magazine* as "one of four chefs to

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New Year's Eve party to include karaoke and champagne

By Pat van den Beemt

What better way to ring in the New Year than with folks you'll be sharing that year with? A big party for residents is planned for Dec. 31 from 7 to 9:30 p.m. in the auditorium.

The evening will feature lots of great hors d'oeuvres and special sweets. Beer, wine, and soft drinks will be available. There will also be a special champagne toast to ring in 2026 a few hours ahead of time. To get folks into the early midnight spirit, videos will be shown displaying midnight celebrations from around the world.



And just so you don't start out the New Year a little heavier with all the great food and libations, a DJ will spin his records and hopes to get you up dancing. The DJ is Carlton Harper, whose

wife, Lawanda, is a housekeeper here.

A new feature of this year's party will be karaoke. Residents can sign up to belt out their favorite songs.

Betty Legenhausen, who has organized the last three New Year's Eve parties, said that in previous years the celebrations have attracted between 75 and 106 people. There is no cost for the event. The wine and champagne toast is also complimentary, thanks to Broadmead's BRA, she said.

Anyone interested in helping with this year's celebration, or being in charge of the event next year, should contact Betty at 410-917-0022. Image courtesy of clipartmag.com.

Chanukah party set for Wed., Dec. 17

The Jewish Heritage Group will hold its annual Chanukah party in the Bistro on Wednesday, December 17 at 7 p.m. All Broadmead residents and staff are invited and welcome. Bring a menorah, if you have one, and light the candles with us. Enjoy singing and storytelling and the jelly doughnuts that are traditional for the holiday.

—Judy Stamberg

Ornament and memorabilia display on view

Residents' favorite holiday ornaments, homemade decorations or memorabilia associated with their family's holiday celebrations will be on display until January 2 in the glass cabinet next to the front desk.

Organizers of the display are Diana Harley, Peter Babcox and Sue Appling.

Kwanzaa program to be on Dec. 29

By Gwen Marable

The Multicultural Committee, with participation by Broadmead team members, will present a Kwanzaa program on Monday, December 29 from 3 to 4:30 p.m. in the auditorium.

Kwanzaa, a Swahili word for "first fruits," was created in 1966 by Dr. Maulana Karenga, a professor at California State University, Long Beach. He wanted a way for African American families and communities to celebrate together, teach children values, and share their heritage and history.

Kwanzaa begins on December 26 and ends on January 1. A different candle is lit each day for seven days. The candle holder is called a *kinara*. Each candle stands for one of seven principles, called *Nguzo Saba*: unity, self-determination, collective work and responsibility, cooperative economics, purpose, creativity, and faith.

A Kwanzaa table will be set up in the main hallway. It will hold the seven symbols: *Mkeka*, the mat symbolizing the foundation of traditions; *Mazao*, the basket of fruits and vegetables representing work and harvest; the *Kinara*, representing the ancestors; *Muhindi*, ears of corn, symbols of the children and the future; *Zawadi*, handmade gifts or books to be shared; *Kikombe cha Umoja*, the family and community unity cup; and *Mishumaa Saba*, the seven candles representing the principles.

Following the candle lighting by the Broadmead team, Kwanzaa will be celebrated with drumming, African dancing, and Griot storytelling. Residents, staff, team members, and visitors are invited to participate.

Harambe—which means *let's pull together!*

For more information: www.officialkwanzaawebsite.org.

Photo exhibit opens in February



Rebecca Rothey's "The River's Flow," above, will be among the photographs to be presented in the upcoming Broadmead Arts Council exhibit called "Creative Lens," to be hung in the South Gallery from February through May, 2026. The work of five Maryland photographic artists, past and present, will be featured: A. Aubrey Bodine, Roland Freeman, Don Kneessi, Rebecca Rothey, and Nanny Trippe. Photo by Rebecca Rothey.

WELCOME RECEPTION FOR NEW BROADMEAD RESIDENTS

**Wed., Dec. 3
3-4:30 PM**

In the auditorium.

Everyone welcome.

Refreshments will be served.

Facilitated by the BRA's Hospitality Chairs

Art Conversations foster "slow looking" at what's on gallery walls

By Ross Jones

The Polish-American author Jerzy Kosinski is said to have declared that "the principle of art is to pause, not bypass."

Members of the Arts Council's Education Committee have something like that in mind when they invite residents to pause with them, from time to time, for a closer look at art on display in the South Gallery of the Community Center.

Their Art Conversations programs are aimed at helping residents see and consider aspects of pictures they may have only glanced at as they breezed by an exhibition.

Interestingly, people visiting art museums and galleries spend little time actually "seeing" pictures or other art objects. A study at the Louvre in Paris found that visitors looked at the *Mona Lisa* for about 15 seconds. In another study, at the Metropolitan Museum of Art in New York, people looked at a picture for an average of 32.5 seconds.



Nancy Hume discusses a painting in the South Hall with residents interested in taking a "slow look." Photo by Marsha Howes.

At the National Gallery in London, a study of 5,000 people looking at pictures revealed clearly that the longer we spend looking at a painting, the more visual details we collect and the more apparent the richness of the work becomes.

With all of this in mind, gallery and museum leaders are encouraging the practice of "slow looking," pointing out that the longer one looks at an artwork, the more one sees and the more rewarding the experience will be.

For the past three years, members of the Arts Council's Education Committee have been offering special programs—Art Conversations—for residents to help them "see" aspects of art they might otherwise miss. Residents leading these encounters present information about the artists, point out interesting features of the art, and then moderate what have become lively observations and discussions among those in attendance.

The Art Conversations program was developed by former Education Committee chair Nancy Hume. Marsha Howes, current chair of the committee, coordinates the work of our resident "facilitators"—Marion Baker, Angela Breakey, Alice Giles, Nancy Hume and Nancy Moore. They invite residents to join them for slow looks—and art conversations.

New Dining Services Director

from page 1

watch in the USA.” Teatro Goldoni was named Best Italian Restaurant of the Year in D.C. on several occasions.

After introducing Italian-style tapas at a south Florida restaurant, Enzo returned once again to D.C., where he was involved with launching a new restaurant, Elisir, which garnered glowing reviews in *The Washingtonian* (“an artist’s palette”) and elsewhere.

In the midst of all this, Enzo found the time to author a cookbook, *Visual Eats*, which contained vignettes of his culinary experiences and times spent with celebrity chef friends. Like his restaurants, the book received enthusiastic reviews. Enzo also appeared on numerous television and cooking programs, including the Food Network.

In 2015, Enzo branched out to the hospitality side of the food industry and took a position as general manager and director of food and beverage operations in various luxury hotels and clubs in Florida, Texas, Virginia, and D.C.

During his first 60 days at Broadmead, Enzo says he aims to develop detailed plans for the short term and beyond, but before doing that he intends to be “a sponge,” absorbing information about everyone and everything at Broadmead. He looks forward to working with Jerrell Fleming, Joseph Tubman, Melinda Purkey and the rest of the food services staff.

Enzo believes that his extensive experience with mentoring teams will stand him in good stead with his fellow Broadmead team members. He will concurrently be seeking to earn residents’ trust and confidence as he listens intently to their interests and concerns.

Team Member of the Month

Month: September 2025

Name: Gregory Gaskins

Why Honored: Gregory Gaskins was named Team Member of the Month for his dedication, compassion, and teamwork. Known for his warm demeanor and genuine care, he consistently goes above and beyond. Whether assisting with tasks or offering support, Gregory exemplifies empathy and reliability.

Current Position: Heavy Duty Cleaner

Length of Service at Broadmead:

1 year

Peers Say: Gregory has a wonderful disposition. He regularly checks in on residents and team members, remaining consistently attentive and thoughtful in his interactions. He’s always willing to lend a hand—whether it’s helping carry items from the lower level to an office or assisting with a project. Gregory is described as hard-working, kind, and a true team player.

Residents Say: While shampooing a resident’s carpet, Gregory noticed their distress over a missing wallet. He calmly helped search through bins and furniture, showing empathy and professionalism. His supportive demeanor left a lasting impression.



Awardee Says: Gregory wishes he could put a big smile on paper so everyone could see it. He credits his team for their support and says, “That’s just a regular day. You guys are stuck with me.” He loves working at Broadmead, especially because of the residents. “It’s not the work,” he says, “it’s the responses and joy they feel.” Gregory feels appreciated and values the relationships he’s built, always remembering that while it’s a job for team members, it’s home for the residents.

Information provided by Kirsten Oudin.

Annual “Warm Winter” Quilt Show

East Hall • January and February

Quilts from Broadmead residents and from an outside quilting group in which Broadmeaders participate will be on display. If you have quilts you would like to have included in the show, contact Carole Glowacki at 443-578-8425 or cglow@comcast.net.

Met Operas coming to Broadmead

By Judy Stamberg

Since it wasn't possible to set up transportation to the Met Opera "Live in HD" performances, Met Opera performances are coming to Broadmead. Some residents are already opera fans, and it is hoped others who are not yet fans will attend the broadcasts and enjoy the excitement of the drama and the staging as well as the music.

"Afternoon at the Opera" events will be held at 2 p.m. on the third Wednesday of each month in the auditorium. The activity is under the auspices of the BRA Music Committee.

A mix of well-known tragedies and comedies and a sampling of composers will be offered. All are films of live performances at major opera houses, and all have subtitles.

Tentative opera schedule:

January 21: Rigoletto (Verdi), starring Pavarotti as the Duke

February 18: Barber of Seville (Rossini)

March 18: Madame Butterfly (Puccini)

April 22: The Bartered Bride (Smetana)

May 20: The Exterminating Angel (Ades)

June 17: Orpheus in the Underworld (Offenbach)

Holly House renovations progress

Joyce Malone, VP of Facility Services, reports, "The Holly House will not be ready for holiday functions. We continue to wait for completion of some interior and exterior work and then must get approval and signed-off permits from Maryland Historical Trust and the Fire Marshal for occupancy." Weather permitting, concrete for the back patio the planned path from the lower level up to the Holly House will be poured. New windows for the building's second floor will soon be delivered and installed

—Willy Sydnor.

Great results for Fall Barn Sale

by Lynne Shue

Thanks to all the hard work from the Barn Sale volunteers, this year's fall Barn Sale made \$11,547 from sales of resident donations, making the 2025 fall Barn Sale the second most successful sale ever. The money from the Spring and Fall Barn Sales, as well as from ongoing sales of donations in the Old and New Shop, are used to fund many of the activities sponsored by the Broadmead Residents Association.

About 80 residents volunteered before, during, and after the fall Barn Sale to contribute to its success. These included the setup and takedown crew, volunteers in each department of the Barn Sale and in the Old and New Shop, cashiers, and "totalers"—a new position created to ensure a smoother checkout operation for all the departments. Lin Hardy, chair of the Barn Sale, stated that she was especially pleased with the turnout on the first day of the Barn Sale.

This was Lin's first year as chair, but the transition went seamlessly thanks to the assistance of the former chairs, Lucy Wright and Judy Lorenz. The Barn Sale also thanks Natalie Shane, in the Wellness Center, for her help with scheduling the Barn Sale, as well as creating flyers and signs to advertise it. All Barn Sale volunteers were invited to celebrate the sale's success with a fun gathering in the Bistro on the Saturday afternoon after the sale ended.

Residents are asked to continue to donate their best hand-me-downs to the Barn Sale—items that are not frayed, chipped, or in need of repair. Donations are accepted in the Barn Sale Workroom every Thursday from 10 a.m.-12 noon and 2-4 p.m. The workroom is down the back hallway on the lower level of Broadmead Center. Residents may browse merchandise that is available to buy during these donation times, including furniture in the hall and the smaller room across the hall. The Barn Sale has a lockbox on the wall in the hall for those who find treasures they want to buy by check or cash when the Old and New Shop is closed for accepting payment. In either case, a payment should be accompanied with the completed bottom half of the sale sheet for the item purchased.

**Mark your calendar now for the
Spring Barn Sale,
to be held on May 8 and 9!**

How Broadmead's MaCCRA chapter helps support CCRCs

By John Mattingly

MaCCRA, a statewide organization of almost 3,000 members, advocates on behalf of people residing in continuing care communities. It seeks to create, maintain, and strengthen the health of the long-term care system for older adults. It also stands ready to assist the State of Maryland's administrative and legislative branches to meet the significant challenges ahead by helping to shape and enhance the body of law and regulations governing continuing care facilities.

Broadmead's MaCCRA chapter holds regular meetings with state and local legislative leaders to keep our needs on the minds of senators, representatives, and other leaders. At least once a year, we meet in Annapolis as part of a statewide campaign to have residents' voices heard. Finally, we sponsor programs featuring health care experts speaking on key issues confronting seniors in the current political environment.

This fall, we heard from Christina Arrington, the founder and director of the Maryland Patients' Rights Association, about the dismal state of wait times in our emergency rooms. Maryland has the longest E.R. wait times in the nation. In response, MaCCRA's executive committee has sent a letter to our state representative and state senator urging legislation addressing this concern.

In October, Bruce Hartung, the president of Maryland MaCCRA, spoke at Broadmead about their achievements, including the recent Maryland legislation requiring two residents to be on the board of every continuing care facility. In November, Jay Prince of Broadmead and Allison Ciborowski, the CEO of LeadingAge (the trade association of nonprofit CCRCs), spoke about the future of CCRCs.

Examples of MaCCRA's Accomplishments

- MaCCRA played a critical role in the installation of the stoplight at York Road and Broadmead Drive.
- MaCCRA pushed for legislative or regulatory changes requiring that each CCRC provide to its incoming residents a disclosure statement detailing vital information about the CCRC's operations.
- MaCCRA backed the current law that requires that at least one resident and one alternate must be full and regular members of a CCRC's governing board.
- Operating reserves must be 25% of operating expenses at a CCRC.
- An internal grievance procedure must be available to residents of a CCRC.
- A CCRC's annual finalized budget shall be available to residents.
- The non-confidential portions of the governing board meeting minutes shall be made available to residents within 30 days of their approval.
- An actuarial study is required every three years for CCRCs that offer Type A and Type C contracts.
- Residents' contracts must state whether or not resident fees may be used only for the facility or also be used for other purposes.

John Mattingly is Broadmead chapter president of MaCCRA. For more information or to join, email him at johnbosco360@gmail.com.

GROCERY & ERRAND TRANSPORTATION SCHEDULE

Sign-up for all grocery and errand transportation is required no less than 24 hours in advance. Call the Transportation Office at **443-578-8023** to reserve your seat on the bus. All grocery/errand trips depart from the Community Center's lower level main entrance.

MON. A.M. & P.M.:
9:30 a.m. & 12:30 p.m.

departure times to York & Shawan locations:

Wegmans
Wells Fargo
Giant
BB&T
Post Office
Sun Trust
PNC

M&T
Bank of America

WED. A.M.: 9:30 a.m.
departure time to Ridgely locations:

Mom's Market
M&T
Trader Joe's

WED. P.M.: 12:30 p.m. departure time to

Timonium locations:

Giant (Timonium)
Walmart
Zip Cleaners
Staples
Dollar Store

FRI. A.M. & P.M.:
9:30 a.m. & 12:30 p.m.
departure times to York and Shawan locations:

Wegman's
Wells Fargo
Giant
BB&T
Amish Market (*only at 9:30 a.m.*)
Sun Trust
PNC
M&T
Bank of America

Schedule is subject to change.

"Reflections" group resumes

By Willy Sydnor

The support/discussion group called Reflections in Elderhood that was held last year will be resumed after the first of the year. There will be a four-week session beginning in January, as well as another session, length to be determined, beginning in April.

Sponsored by the Healthcare Committee, Reflections is a program initiated and run by residents for residents, affording them an opportunity to share experiences of aging and learn from one another.

The program ran twice earlier this year, and participants—close to 20 in each group—were enthusiastic about the meetings. One person said, "The Reflections on Elderhood group offered a chance to explore all the experiences of aging. Just talking about these experiences and sharing them with others in the group was helpful."

Residents made new friendships and learned from one another. The leaders of the program, residents Elenor Reid and Barrett Rudd, will continue to facilitate the new groups.

The first group sessions will meet on January 15, 22, 29, and February 5 at 1:00 p.m. Participants are expected to attend all four sessions. If you are interested in joining this group, contact Elenor at 860-463-0526 or by email at elenorgreid@gmail.com.

About that \$100 charge for non-emergency calls

When a Broadmead nurse (either the OPD nurse or Nurse Supervisor on duty) is called for assistance by an Independent Living resident, the nurse will typically discuss the request with the resident and let them know that a \$100 fee will be imposed if the request is not an emergency (such as requesting help to get dressed or to administer medications).

The \$100 fee is a longstanding policy. It is listed in the schedule of fees circulated to residents annually. According to Ann Patterson, VP of Health Services, when a notice about the fee was published recently in the "This Week At Broadmead" (TWAB) newsletter, it was meant to be a reminder of the fee, not a notification of something new. "Many are not aware of the possibility of the charge," she says. Some Independent Living residents call frequently for items that they should be able to take care of on their own.

"We continue to respond to and cover emergencies," says Ann. "This has never stopped, nor will it. The \$100 charge is purely to limit inappropriate calls using the emergency process."

—Alice Cherbonnier

Clip & Save

What belongs in that emergency folder?

An "Important Papers" vinyl sleeve (a clear plastic slipcase with red border) is provided to residents when they move to Broadmead. They are advised to affix it to their refrigerators or have it available in plain sight nearby. The contents of the slipcase can be handed off to EMTs if they are called to a resident's apartment, smoothing the urgent care process. **The folder should contain:**

- Your medication list
- Your Broadmead admission record (a copy can be requested from Teri Starks; see below)
- Your Maryland MOLST form (Medical Orders for Life-Sustaining Treatment, signed by a doctor)
- Your Advance Directive
- Your Spouse Emergency Care Plan (if you care for a partner that cannot be left alone; ask for the form from social work)
- Information on who will care for a pet (if you have one) if you go to the hospital

If you do not have an Important Papers vinyl sleeve, contact Teri Starks at 443-578-8078.

"What Is That?"

Marsha Howes and the Nature Committee present "Using Technology to Observe Nature" on Thursday, December 4 at 11 a.m. in the Seminar Room. Bring your smartphone with these apps added: iNaturalist, Cornell Merlin Bird ID, and PlantNet. You'll learn how to use these apps to identify all kinds of nature's gifts. Space is limited to 18 people. *Questions? Contact Nancy Funk at nancyfunk5@gmail.com or 312-310-3865.*

Q&A with Gina Mathias, VP of Sustainability

Q: What sustainability advances do you envision for Broadmead in the coming year?

A: A focus for early 2026 will be improvements to recycling for both the residents and the team members who handle the flow of waste. I will be working on a new training program, new signage, new collection bins, and more. Another focus will be on improving the Arbor Café and Bistro experience for residents, from a sustainability perspective.

Q: Can you mention one important change that is coming?

A: Once the new Director of Dining has settled in, we will be transitioning toward more reusable take-out containers and fewer plastics. The goal is to have zero “disposable” take-out containers in the campus waste stream—with a few exceptions as needed, of course.

Q: What happens to the glass containers collected at Broadmead?

A: In recent months our waste hauler has been accepting glass in the commingled recycling instead of requiring it to be separated. This might be due to a change in where they take it. Because we do not know if or when the hauler will change their pickup practices again, we continue to ask residents to put glass in separate bins. I am in the midst of finalizing a “waste audit” with Reduction in Motion, a local consulting company. Information about handling glass containers is expected to be in the audit report.

Q: Might Broadmead be able to become a Zipcar site?

A: We need to gauge if there is enough resident interest to cover the monthly cost of becoming a Zipcar site. Residents would have to join Zipcar with a membership in order to use a car, at \$45 for the first year and \$90 thereafter. Then there would be an hourly rental fee—about \$15—when using the car, which covers insurance and charging (or gas, if not an electric vehicle). Zipcar cleans the cars and performs all maintenance. To become a site, Zipcar requires at least \$1,924 in monthly revenue, and the Zipcars would need to be utilized more than four hours per day on average. Any less than that, and Broadmead would need to pay Zipcar the difference. If usage goes over that amount, Zipcar would share a small portion of the revenue with Broadmead. Zipcar’s available electric vehicles would be parked at one of the chargers between the York and Upland buildings. Only Broadmead residents and team members could use Broadmead’s Zipcar site, and the loaner vehicles would be available for round-trip use only.

—Alice Cherbonnier

Meatless Mondays program on Jan. 26

By Pat van den Beemt

Broadmead has offered a vegetarian main course for dinner on Mondays for the past 10 years without much fanfare. But at 4 p.m. on Monday, January 26, the spotlight will be on Meatless Mondays during a program in the auditorium.

Sponsored by the BRA’s Food Committee, representatives from the Johns Hopkins Center for a Livable Future will talk about the Meatless Mondays public health campaign that started in 2003 to get folks to look at their meal choices differently.

“We’re looking at taking small actions toward our own health and the health of the planet,” said Becky Ramsing, with the Center for a Livable Future, who will speak here. “This is not a vegan campaign, but we want to highlight the health and sustainability benefits of plant-based food and encourage people to reduce meat in their diets.”

Broadmead’s executive chef, Jerrell Fleming, will be on hand for the event, as will members of the BRA’s Food Committee. The dinner menu that evening will feature samples of plant-based dishes.

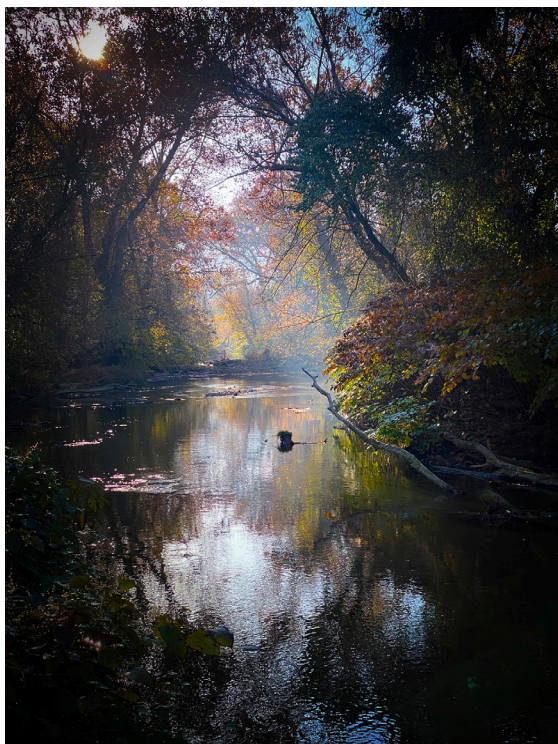
Jerrell, who has recipes for some 30 to 40 vegetarian entrees the Broadmead kitchen can prepare, is always on the lookout for new recipes. He says residents have emailed him ideas and given him recipes. One of them even gave him a vegetarian cookbook.

Introducing new entrees is a trial-and-error system, he says. One recent dish—a sweet potato topped with chickpeas and spinach—was not a hit, so it won’t be served again.

The best way for residents to let their food preferences be known is to fill out comment cards that can be found in both the Holly Terrace and Arbor Café. Those cards are read by members of the dining staff as well as the BRA Food Committee.



Seasons of Western Run: *Above, with snow-lined banks in winter; photo by Margaret Craig. At right, rapids reflecting summer sunlight; photo by Janet Raffetto. Below, a misty view in early fall; photo by Jack Shue.*



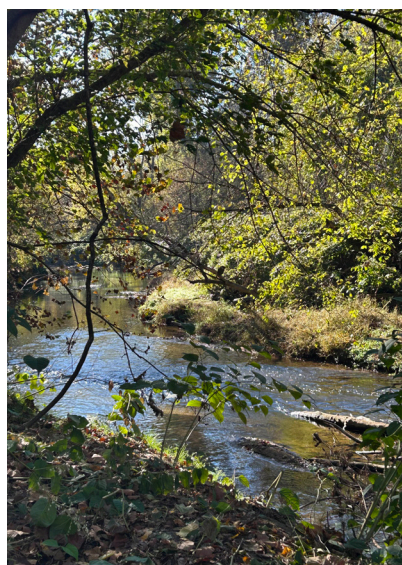
Western Run: a stream for life

By Ruth Reiner

The rural uplands of Baltimore County gave birth to many small streams. In the late 18th century, these streams were vital to farming, providing water for mills, livestock, and early settlements.

One of these streams graces Broadmead's campus: the Western Run. Its headwaters arise in the Butler-Western Run-Belfast Road Historic District, and from there, the stream meanders through forested valleys, farmland, and horse country before passing through Hunt Valley and skirting along Broadmead's southwest border.

For Broadmead, the health of Western Run at its origin point and on the land it flows through directly influences wildlife, water quality, and flood dynamics. The shallow aquifers that lie beneath this campus are partially replenished by Western Run.



The stream creates a green corridor that supports all manner of wildlife. Fish, aquatic insects, and amphibians thrive in the stream when it is healthy. The hawks,

owls, and herons that we often see rely on this source of food. The wildflowers and growth on the banks along the stream support pollinators.

Western Run, like all streams, is indiscriminate in what it carries. It is a natural highway for invasive plants that we see along its banks and in the floodplains. Runoff from agriculture, industrialization, and increasing urbanization results in poor water quality, detrimentally affecting its entire ecosystem, especially during times of flooding. The use of pesticides and herbicides, too, can take its toll on waterways.

The Western Run stream is a scenic resource that offers pleasure to residents who enjoy hiking along its banks, birdwatching, and sitting in contemplation in its peaceful surroundings. It provides restorative contact with nature and enlivens the senses, offering a rare opportunity to hear the sound of naturally running water.

Western Run is to be treasured and cared for. All of nature is interdependent, and the ecosystem here at Broadmead relies on good stewardship of this important stream.

Un-bee-lievable bee facts!

By Lynne Shue

Did you know that there are over 20,000 species of bees worldwide? Our Broadmead honeybees are just one type of bee.

Most bees are solitary and live in burrows in the ground, but honeybees, which are very social, live in hive colonies.

Honeybees are not native to North America. They were brought to this continent from Europe, Africa, and parts of Asia by the first settlers in the 1620s.

As honeybees collect nectar to make honey, they are helping to pollinate 80% of all flowering plants, impacting about one-third of the plant food we eat. It could be said that bees are the MVPs of the animal world—Most Valuable Pollinators, that is.

Nectar is what bees collect in tiny amounts from flowers—it's a sweet liquid produced by plants that's about 20-30% sugar and 70-80% water. Nectar is very dilute and would ferment quickly if left as-is.

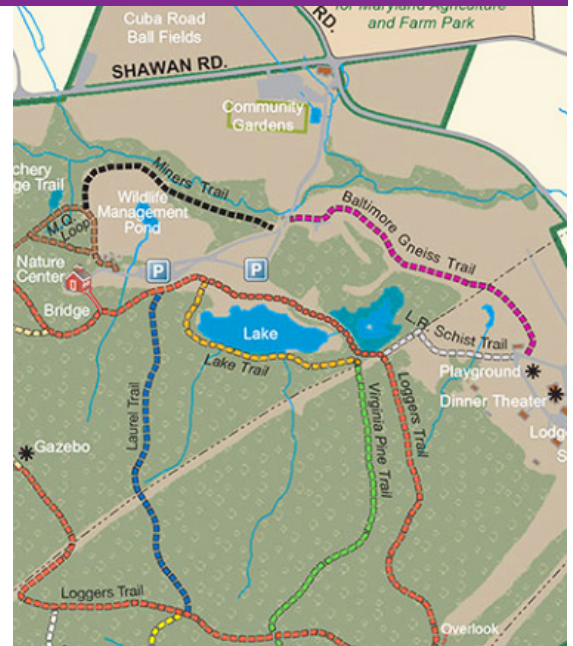
Honey is the processed, concentrated product that bees create from the nectar through an elaborate process. Bees make honey to preserve the nectar they collect for eating when there are no flowers in the winter. Nectar is so well preserved as honey that it never spoils. The honey in jars found in ancient Egyptian tombs may still be edible. However, one honeybee produces less than an ounce of honey in its lifetime, so an average hive has to have 20,000 to 80,000 bees to make enough of it for them to survive the winter.

Even when laden with nectar, honeybees can fly 15 miles an hour when they are returning to their hive. They have built-in "GPS" systems, using the sun, landmarks, and the Earth's magnetic field to help them navigate as they fly.

The bees don't just use their wings for flying; they use them as fans to keep the hive a comfy 95°F in the summer, and they shiver their wing muscles as they cluster together in the hive in the winter to help them stay warm.

Another interesting fact is that honeybees have five eyes; two are compound eyes (seeing ultraviolet light that humans cannot see, allowing bees to detect flowers' UV patterns and guiding them to nectar and pollen) and three are ocelli eyes (detecting light intensity and helping with orientation and navigation). Bees seem to be most attracted to blue, yellow, and purple flowers.

Information in this article was gleaned from a seasonal bee exhibit at the Oregon Ridge Nature Center. Although the bee exhibit is no longer on display, the nature center houses many other interesting exhibits which would make it a fun destination to keep visiting grandchildren occupied on a cold winter day.



Trail map for the Oregon Ridge Nature Center, which is open from 9-5 p.m. daily at 13555 Beaver Dam Road, just off Shawan Road—less than two miles from Broadmead. For information: 410-887-1815 or info@OregonRidgeNatureCenter.org. Volunteers are welcome: <https://www.friendsoforegonridge.org/join-donate-volunteer/>

Wonder where to take the grandkids to let off energy? Try the playgrounds at Oregon Ridge! The Nature Play Space (near the Nature Center Building) includes a stage, canoe, sandbox, and playhouse, as well as logs, rocks and other natural features for active play. A Tot Lot is for the youngest nature explorers, while the Climbing Playground with slides (below) is for older children. Images from the Oregon Ridge Nature Center website.



Volunteering at Broadmead

By Sharon McKinley

According to Kirsten Oudin, Broadmead's Volunteer Coordinator, Broadmead's volunteer program connects the community to Broadmead residents, and vice versa.

There are three main focuses: intergenerational programming, combatting loneliness and pet therapy.

Broadmead residents go off-campus to schools during the school year, such as Sparks Elementary. Youth groups visit Broadmead regularly, such as Hereford High School's Functional Academic Learning

Support Program, involving weekly student visits on Mondays to volunteer in different departments at Broadmead, learning job and life skills that will benefit them post-graduation. Members of Hereford High's Future Farmers of America helped do fall garden clean-up on campus last month.

One-on-one connections are being fostered to help combat resident loneliness. "Companionship, lifestyle activity support, and escorts to campus events are integral to making meaningful connections," says Kirsten.

A pet therapy partnership with Pets on Wheels has been operating in the healthcare neighborhoods. Kirsten reports that visiting pets are now becoming more available to independent living residents, with regular visits to the library on the lower level of the community center.

Broadmead residents and members of the community beyond Broadmead are invited to volunteer at Broadmead. "All you have to do is come with an open heart, willingness to learn, and flexible mindset," says Kirsten.

For more information or to volunteer, contact Kirsten Oudin, Volunteer Program Coordinator, by email (koudin@broadmead.org) or phone (443-578-8089).

Residents of the "upstairs neighborhoods" enjoyed a Halloween party complete with kids in costumes and a visiting "dinosaur."

Photos above and at right by Kirsten Oudin.



Visiting pets at Broadmead Center make everyone happy.



BRA volunteer work supports activities

By Sharon McKinley

In contrast with Broadmead-run volunteer activities, which are managed by team members, Stan Wilson, president of the Broadmead Residents Association, notes that BRA volunteer activities are led, organized, and run by the residents.

Activities that generate income for the many resident activities and outreach include the semiannual **Barn Sale**, which sells surplus inventory of various types; the **Wood Shop**, which repairs resident furniture; **Sew & So**, which makes alterations to clothing; and the **Apiary**, which produces and sells honey.

Other BRA volunteer activities provide support to the resident community. For example, the **AudioVisual team** runs the movies and supports presentations in the auditorium; the **Flower Committee** makes floral arrangements for display throughout the Broadmead Center; the **Voice** staff produces this publication; and the **Archives Committee** is collecting and preserving historical and current records.

Finally, the **Student Support Volunteer Project** (SSVP) supports students at both the Padonia International Elementary and the Cockeysville Middle Schools through ongoing food pantry donations, the collection of school supplies and organizing drives for clothing.

The BRA is currently seeking resident volunteers who are interested in helping fellow residents in several additional areas, such as gardening and information technology.

To volunteer for BRA activities, contact either Stan Wilson, wstanleywilson@gmail.com, 443-695-5983, or Barbara Scheinin, BRA activities coordinator, bjscheinin@icloud.com, 410-371-1941.

Elijah Price (1780-1832) and Sarah Kettlewell Price (1784-1853)

By Ed Papenfuse, Maryland State Archivist, retired

In 1804, Elijah Price and Sarah Kettlewell “appeared and continued their intention of marriage with each other” at the Gunpowder Meeting of Friends, which was dutifully recorded by the clerk.

They lived and raised eight children on the Price family farm, which Elijah’s grandfather and father, both named Mordeca, had enlarged through leases with Lord Baltimore that were ultimately purchased outright through a formal process called “patenting” the land. Elijah became the owner of part of one of those patented leases, called Price’s Enlargement, in 1799 at the young age of 19, when it was given to him by his uncle Samuel Price, who had acquired the whole of the lease from Elijah’s grandfather, Mordeca. Elijah’s portion of Price’s Enlargement was a little over 61 acres.

By the time he died in 1832, Elijah’s share of the lands his father and grandfather had acquired had been enlarged to nearly 150 acres, extending from the old homestead on York Road—where Grandfather Mordeca hosted the leasing and sale of the lots on My Lady’s Manor in 1734—to the outer bounds of the part of Price’s Enlargement that he was given by his uncle Samuel in 1799.

Elijah’s relationship with his neighbors followed the Quaker tradition of avoiding conflict. The summer before he died, “desirous of preventing strife,” he recorded articles of agreement with his neighbor that included an agreed-upon re-survey of the southern boundary of his Price’s Enlargement property, which now includes Broadmead at Ridgebrook.

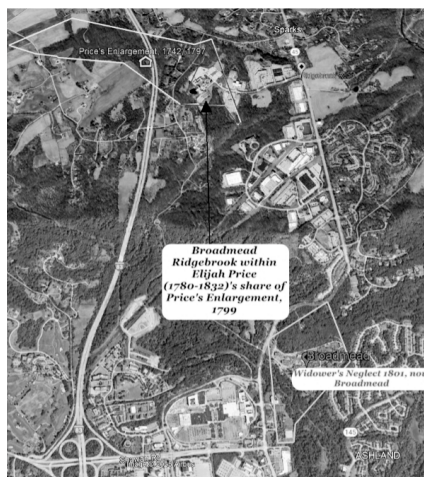
Elijah died suddenly in August of 1832 at the age of 52 years and 6 months. The circumstances of his death are unknown, but he was buried on the farm and not in the Friends Cemetery at Gunpowder Meeting. He died intestate (without a will), and that led to court intervention over the distribution of his land. By law, all of his personal property (not his real estate) had to be sold at auction and the proceeds divided equally among all his children, male and female, as was required by a 1715 law. His inventory provides a window into life on the farm for his wife Sarah and their eight children: Rachel, John K., Isaac, Sarah, Margaret, Elijah, Mary Ann, and Mordecai.

Excerpt from U.S. Quaker Meeting Records, 1681-1935, Ancestry.com, Gunpowder Meeting of Friends.

The inventory of Elijah’s personal property was taken on March 6, 1833, and totaled \$865.97, including the “4 bee hives 2 with bees in” added at the last minute, estimated to be worth \$1. The auction was held a month later on April 4 and realized \$947.99, including the four beehives, which did indeed sell for \$1.

Neighbors bought some of the items, but it appears most were purchased by relatives, including Elijah’s sons and sons-in-law. Son Mordecai bought 12 sheep and 11½ barrels of corn. Son John K. bought a shotgun and a pair of saddlebags. While the sale brought nearly \$100 more than the appraisal, the final accounting of the distribution of the proceeds would not take place for another 17 years, at which time each heir was recorded as receiving exactly equal shares to the penny.

The inventory and sale of Elijah’s personal property reflected a prosperous farm without slaves in the Gunpowder Forest, a place where the first generation of the Mordeca Prices sought refuge from the acrimony and strained politics of Annapolis. It was a place where they could practice their Quaker faith largely undisturbed.



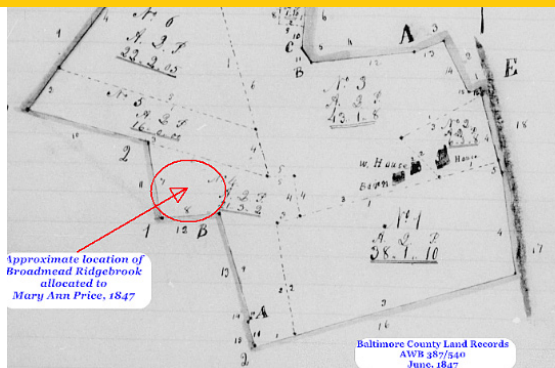
Annotated excerpt from Mike Pierce, The Happy Map-Maker.

See next page

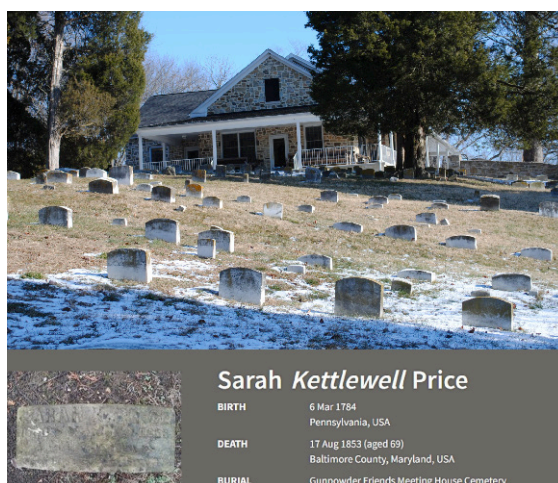
Three generations later, that peace was to some degree disturbed because Elijah left no will. The Maryland “Act to Direct Descents” that took effect in January of 1788 instructed that the real estate be divided equally among all heirs when a person died intestate. In 1832, Elijah’s son, John K. Price, was left to administer the farm under the watchful eye of his mother, Sarah Kettlewell Price, who was entitled to her widow’s third of the estate.

In 1847, John K. seems to have had enough of trying to determine who was entitled to what, and went to court to have the real estate shares of each of Elijah’s surviving children defined by actual survey. The results cover nine closely written pages in the Baltimore County land records, detailing what portion of Elijah’s lands belonged to whom. In a rare instance of attempting clarity through providing a map, the record included a detailed sketch of how the property was divided.

Whether or not the family lived in harmony on the estate before or after the formal division of the property is not known, although until Elijah’s widow, Sarah Kettlewell Price, died, as members in good standing of the Gunpowder Meeting of Friends, it is quite probable they did, with Sarah’s eldest son, John K., managing the farm. A decade later, after the division of the property, the 1857 Sidney map of Baltimore County indicates son Elijah living in the family home that is depicted on the property division map of a decade before,



Above, 1847 map showing the division of Elijah’s property among his heirs. Below, Composite of Gunpowder Friends graveyard photograph and Meetinghouse entry, found in findagrave.com.



and John K. living in a house to the north of his mother’s. The remains of both homes, in all likelihood, lie under or very near to Ridgebrook Road, which today leads westward to Broadmead at Ridgebrook.

When Sarah Kettlewell Price died in 1853 and was buried on the grounds of Gunpowder Meeting, the control of her “widow’s third” share of Elijah’s estate became a matter for the family to sort out. They appear to have done so without going to court.

According to the recorded map of 1847, Sarah and Elijah’s daughter Mary Ann Price held title to the portion of the farm that would become Broadmead at Ridgebrook. Who Mary Ann Price was and what became of her slice of Elijah and Sarah Price’s farm on York Road (now Maryland Route 45), is the topic for next time on the Road to Broadmead at Ridgebrook.

MOVIE MUSICAL MATINEES IN THE AUDITORIUM



“Fiddler on the Roof” • Wed., Dec. 10 • 2 p.m.

A celebrated musical and film that tells the story of Tevye, a Jewish milkman in pre-revolutionary Russia, and his family, as they navigate tradition, love, and social upheaval. *Run Time: 3 hours (1971)*



“That’s Entertainment, Part 2” • Wed. Jan. 7 • 3 p.m.

A 1976 sequel to “That’s Entertainment!” (1974) that’s a retrospective of famous films released by MGM from the 1930s to the 1950s. *Run Time: 2 hours & 13 minutes (1976)*

Movie musical matinees are sponsored by the BRA Music Committee. Questions? Contact Don Killgallon at dkillgall@gmail.com or 410-804-7446.

Giving Tree goes up to support students

By Pat van den Beemt

Knowing that students at Padonia International Elementary School will spend 12 days at home during the Christmas break, folks here at Broadmead will be sending them home with extras.

In mid-December, Broadmead's Student Support Network will hold a food and clothing give-away to aid students and their families. In addition, items donated by residents through the Giving Tree project will also be distributed. The Giving Tree, located near the coat room on the main floor of the Community Center, has been collecting gloves, socks, underwear, and pajamas for students. A resident takes an ornament that identifies a gift to be purchased, and makes a donation to pay for it.

SSVP posts donation needs

Non-perishables are the biggest need for the food pantries at Cockeysville Middle School and Padonia International Elementary School that are supported by the BRA's Student Support Volunteer Program (SSVP): canned meats (tuna, chicken, beef), peanut butter, jelly, mayo, soups, spaghetti sauce, pasta of all types, canned vegetables and fruits, mac & cheese, applesauce, etc. Toiletries and cleaning products are also needed. These items can be placed in the donation boxes in the coatroom near the Arbor Café and in the Hillside Homes mailrooms. The donations are picked up by members of the SSVP and taken to the schools. Broadmead volunteers then distribute the food monthly. SSVP works closely with the schools and with Faith Lutheran Church (Padonia) and Sherwood Episcopal

Church (Cockeysville).

Money donations are very helpful because this allows SSVP volunteers to buy in bulk at lower prices. The BRA treasurer asks that checks for this purpose be written for \$100 or more, made out to "Broadmead Residents Association" with "SSVP" in the memo line, and placed in the BRA Treasurer's general mail cubby. These monetary gifts are tax-deductible.

Both supported schools have a high percentage of students whose families' income falls below the federal poverty level.

Contact Sandy Angell, source for this story, at 443-845-2103 for more information.



Pat van den Beemt hams it up with a donated turkey at the Baltimore County North Cluster Food Bank on Middletown Road in Parkton, where she volunteers on Monday mornings at the Clothes Closet that's next door.



Handcrafted items made by Broadmead needleworkers were on display on the main level of the Community Center on October 29. The warm accessories were donated to needy families at Padonia Elementary and Cockeysville Middle Schools. The project was initiated by the Student Support Volunteer Project. For information on becoming involved, contact Sandy Angell, Marion Baker, or Cindy Sugatt. Photos above and below by Alice Cherbonnier.

BEHOLD THE ARTISTIC PUMPKIN!



Two imaginative entries in the Halloween pumpkin decorating contest for 2025.

Have you done your Digital Estate Planning?

By Victoria Bragg

Your will, your power of attorney, and your medical directives are signed, so you think you're done. But have you done your DEP? What happens to your ebooks, your Facebook account, your 14 dating apps, or your cryptocurrency? DEP, or Digital Estate Planning, can ensure that your digital "assets" will be managed according to your wishes and not left open for cybertheft. (Yes, it happens.)

Executors report that digital assets are the most problematic aspect of legacy management because

Digital Estate Planning can ensure that your digital assets will be managed according to your wishes and not left open to cybertheft.

every online entity has different postmortem criteria. For example, Apple is uncompromising regarding account access, while

Facebook allows you to name a "legacy contact" (which you can do right now if you use Facebook). But it all begins with access. Knowing your user IDs and passwords would help greatly. However, if your security relies on biometrics like a fingerprint or facial recognition, access will be more complicated.

Everyone's needs in the DEP arena will be different, so there's no standard template. Just Google "Digital Estate Planning" and look through some of the results until you find one that explains it in plain words. Some have helpful checklists. Address your five most important online accounts first. Your family will thank you.

How to avoid Medicare fraud

By Victoria Bragg

A couple of phone calls, an innocent disclosure of information, and just like that, there were two cases of Medicare fraud at Broadmead. This means that some of us are still being too nice to callers who are trying to steal from us. It's understandable. Scammers are usually very personable and polite; they "hope you're doing well" and just want to help (...themselves to your money and identity). Hang up as soon as they want information. Better yet, don't answer the call.

Currently, the most lucrative scams are for medical devices and genetic testing that require a doctor's prescription—which scammers can fake.

Statistics vary, but phone scams net about \$60 billion a year in fraudulent Medicare claims. In addition to your Medicare ID number, which should never be disclosed to anyone you don't know, scammers frequently want your doctor's name. Seems safe enough—not too personal, right?

Wrong. Currently, the most lucrative scams are for medical devices and genetic testing that require a doctor's prescription. Fake prescriptions can be issued in your doctor's name, using your ID, and possibly causing you problems for making false claims.

Scammers will bait you with offers of a new Medicare card, cheaper coverage, or rebates and discounts. They'll claim your coverage was canceled. They'll want to discuss "billing errors." **Medicare will not initiate any of these actions by phone.** Hang up. Medicare will always contact you by letter.

Be especially vigilant during Medicare Open Enrollment. And it's also a good idea to alert your family not to disclose your information.

Assuring safe holidays in our homes

Are there any safety concerns about holiday decorations that you'd like to share with residents?

Joyce Malone, VP of Facility Services: "We do not recommend any open flames in resident homes at any time, but especially during the holidays with decorations around. We also do not recommend having live trees or greens in homes. If you do have them, keep them away from heating elements and ensure that they are watered routinely to manage their brittleness and dryness, which could cause fires."

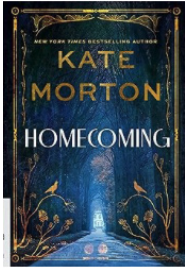
BOOKS RECOMMENDED BY RESIDENTS

Homecoming

by Kate Morton

Mariner Books, 2023; 547 pp.

Looking for a different type of holiday book to read? *Homecoming* is an intriguing novel by Kate Morton that may just fit the bill. It alternates between two time periods—1959 and 2018—during the Christmas



season in Australia, until secrets of the past catch up with the present.

The past centers on the discovery of family members who all died during a Christmas Eve picnic outside a small town in southern Australia. However, the baby of the group is missing. It is soon determined, but never conclusively proven, that the

family may have died of poisoning, and the mother is suspected of murder-suicide.

The present centers on the granddaughter of one of the extended family members who had not taken part in the picnic with the rest of the family, but who had been present at the time of the deaths.

As with all mysteries, the reader is drawn into guessing what might have happened at the time of the deaths. I thought I had guessed right, but I was only partially correct, never having suspected the other part of the equation.

Kate Morton then springs even more surprises on the reader, even at the end. Fans of Kate Morton will not be disappointed by her newest novel.

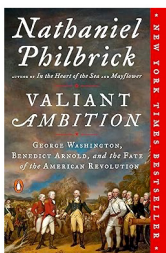
—Lynne Shue

Valiant Ambition

by Nathaniel Philbrick

Viking, 2016; 320 pp.

Valiant Ambition is the story of two American generals: George Washington and Benedict Arnold. Both were leaders of the American Revolution: Washington, the commander of the army, and Arnold, the charismatic fighter. The story is told through maps, contemporary letters, journals, orders, testimony, minutes, newspapers, and reports from Washington, Arnold, and other witnesses. Many



are so dramatic and emotional that I had to pause while reading.

One account describes a minor battle that Arnold led with 600 militiamen to delay 2,000 British troops after their successful attack on Danbury, CT. The battle lasted two days, and Arnold had two mounts shot from under him. He was pinned under a horse when a Loyalist rushed toward him with a fixed bayonet, shouting, "Surrender! You are a prisoner." Arnold replied, "Not yet," pulled pistols from his saddle, and shot the Loyalist dead.

In another story, Washington learns of Arnold's treason when he goes to West Point to meet him and inspect the fortifications. Arnold had left six hours earlier after hearing reports that the British spy with whom Arnold had conspired had been captured. "For someone of Washington's inherently trusting nature, what Arnold had done was inconceivable," the author writes.

—Stant Collins

The Devotion of Suspect X

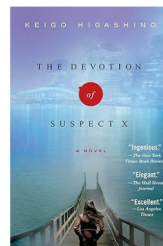
by Keigo Higashino

Translated by Alexander O. Smith

Minotaur Books, 2012; 320 pp.

Fans of Japan and its culture will appreciate the mysteries of Keigo Higashino. *The Devotion of Suspect X*, for example, features a detective who's conversant in physics and math, and his friend, a physics professor. The pair match wits with a brilliant and reclusive math teacher who is shielding his neighbor and her daughter from punishment

for a domestic crime. The mystery isn't a who-dunit so much as a how-dunit. The characters apply logic from different angles, pitting their opposing efforts against one another to conceal, unravel, and ultimately resolve more than one murder. The translation is remarkable: smooth and seamless, allowing the author's intricate plotting and complex characters to shine through.



A *Wall Street Journal* review says, "Keigo Higashino combines Dostoyevskian psychological realism with classic detective-story puzzles reminiscent of Agatha Christie and E. C. Bentley." This astonishing assessment is no exaggeration. Several of the author's mysteries are available at the Cockeysville Library.

—Alice Cherbonnier

NEW RESIDENT PROFILE

Ken Strubler

L-3, 443-841-0997, kstrubler@verizon.net, Oct. 9

Text and photo by Pat van den Beemt

Ken Strubler is an Illinois farm boy through and through. He and many generations of his family worked a 150-acre farm in Naperville, Illinois, where they grew corn and soybeans and raised animals. He watched Naperville grow from a population of 6,000 then to 100,000 today because of its proximity to Chicago.

After graduating from Naperville High School in 1962, Ken majored in physics at Grinnell College in Iowa. He married Margaret Adams and then moved to Chicago for graduate school. When he lost his educational deferment during the Vietnam War, his name



Ken Strubler.

was going into the lottery that was being established. Ken turned 26—and was thus ineligible for the draft—the day before the lottery. He graduated from the University of Chicago in 1969 with a master's degree in medical physics, and he stayed on doing research.

He was then hired by Thomas Jefferson University in Philadelphia, where he spent 10 years studying radiation therapy. His move to Maryland came in 1982 when he was hired by Greater Baltimore Medical Center to study radiation oncology and radiation safety.

Ken first saw Broadmead when he was invited here as a speaker years ago, talking about radiation—what it is and where it comes from, and its benefits and disadvantages.

He has always loved history and gave talks on the making of the atomic bomb as the 70th anniversary of the bombing of Hiroshima approached.

Ken retired from GBMC in 2015 and then spent many hours on the golf course and tennis courts. Those activities were especially helpful during the pandemic.

He hopes to take up pickleball here at Broadmead and might investigate the wood shop.

On-campus shuttle schedule

The On-Campus Shuttle runs Monday through Friday from 12:30 p.m. to 8:00 p.m.; Saturday from 3:30 p.m. to 8:30 p.m.; and Sunday from 11:00 a.m. to 2:30 p.m. It typically makes rounds to and from Broadmead Center every 20 to 30 minutes, picking up or dropping off residents along Copper Beech Road. Call the Transportation Office for other times at 443-578-8023.

Foreign Policy Association to address 8 topics

Eight 90-minute Foreign Policy Association sessions will be presented at Broadmead starting February 5. Barry Rascovar will lead the presentations and discussions.

Topics will be as follows:

Feb. 5 - America and the World: Trump 2.0 Foreign Policy

Feb. 12 - Trump Tariffs and the Future of the World Economy.

Feb. 19 - U.S.- China Relations.

Feb. 26 - Ruptured Alliances and the Risk of Nuclear Proliferation.

Mar. 5 - NO MEETING

Mar. 12 - Ukraine and the Future of European Security.

Mar. 19 - Multilateral Institutions in a Changing World Order.

Mar. 26 - U.S. Engagement of Africa. (subject to Change)

Apr. 2 - The Future of Democracy & Human Rights in a Divided World.

There is no cost or commitment to attend and participate in the sessions.

Pete Sugatt and Libby Loafman are organizing the program this year.

BRAF financial aid available

The Broadmead Residents Assistance Fund (BRAf) provides financial assistance to any Broadmead resident whose financial assets are becoming depleted to the point that they may have difficulty meeting all their obligations. Contact Jennifer Schilpp, Chief Financial Officer, at 443-578-8063 for information about how to qualify.



On November 2, Carel Hedlund captured this photo of the last leaf changes on the hillside.

—IN MEMORIAM—

Mary Morris

Dec. 13, 1936 – Oct. 30, 2025

Myles Schneider

Oct. 4, 1946 – Oct. 31, 2025

Florence “Betsy” Steele

Oct. 7, 1941 – Nov. 7, 2025

Elborg Forster

June 17, 1931 – Nov. 13, 2025

NEW RESIDENT PROFILE

Margaret Strubler

L-3, 443-841-0997, margaret.strubler@gmail.com, Oct. 9

Text and photo by Pat van den Beemt

Although Margaret Elizabeth Adams was named after two English monarchs—Queen Elizabeth and her sister, Margaret—she did not end up teaching English in junior high and high school. Instead, Margaret was a math teacher for four years in Illinois before moving to Baltimore.

She met her future husband, Ken Strubler, when they both attended junior high school in Naperville, Illinois. After graduating from high school in 1962, Margaret attended Cornell College in Iowa, where she majored in math.



Margaret Strubler.

She and Ken married in 1967, and they moved to Chicago, where Ken attended graduate school at the University of Chicago. They then moved to New Jersey after Ken got a job at Thomas Jefferson University in Philadelphia.

Margaret stopped working when their two children, Erin and Kevin, were born. The family of four moved to Baltimore in 1982 when Ken accepted a job with Greater Baltimore Medical Center. They bought a house in Riderwood, where they lived for the next 43 years until moving to Broadmead.

Their daughter Erin is married to Peter Kuhn and lives in Timonium with two children. Their son Kevin lives in the Otterbein section of Baltimore.

Margaret and Ken became familiar with Broadmead after their grandson got a job here. During the pandemic, he was hired to deliver meals to garden homes while the dining venues were closed.

Margaret and Ken have sung with the choir at Hunts United Methodist Church in Riderwood for about 40 years. Margaret has already joined the Broadmead chorus. She is interested in learning more about Sew & So and the bridge groups here.

Monthly Bus Trips to Sparks Elementary

Residents wishing to engage with kindergarteners at Sparks Elementary School are encouraged to take part in a monthly visiting program to the school. For information or to sign up, contact Kirsten Oudin, Volunteer Coordinator, at koudin@broadmead.org or 443-578-x8089. The program is sponsored by the Center of Excellence in Health and Wellness.

NEW RESIDENT PROFILE

Steve Siperko

U-309, 410-375-2482, sjsiperko@gmail.com, Nov. 4

Text and photo by Katy Taylor

Steve Siperko is a true Baltimore County local. He attended Timonium Elementary, Ridgely Middle, and Dulaney Senior High Schools. Of Welsh and Eastern European descent, he also represents a genuine example of the American dream. His great-grandfather, grandfather, and father (one of 12 children)



Steve Siperko.

were coal miners in Wilkes-Barre, PA. They lived a hardscrabble life until Steve's father, after being injured in the mines, got a break—a job with Westinghouse in Baltimore. Steve's father eventually worked for Black & Decker for 40 years, and his mother worked for Baltimore County schools.

After graduation, Steve followed in his father's footsteps, working for Black & Decker, but was soon laid off during tough economic times. For a while, he worked for Henderson Webb, a property management firm. He even cut Joseph Meyerhoff's lawn!

Through a lucky connection, Steve landed a job at Ward Machinery, where he was a self-described jack-of-all-trades for the next 45 years. He is proud of the company, which was a pioneer in the corrugated box industry, and whose owner invented the first rotary die-cutter. Steve's work included international travel. He says his most joyful working year was spent at his company's plant in Athlone, Ireland.

Steve's son Garrett lives in Michigan and works for T. Rowe Price. Garrett has three young daughters. Steve's daughter Dana lives in Mays Chapel and works as a Baltimore County art teacher.

Steve enjoys golf and belongs to a Greystone Golf Course league that plays on Tuesday evenings. He also works at Fox Hollow Golf Club's driving range. He looks forward to continuing his gym routine at least three times a week at Broadmead.

Steve gives credit where credit is due: his great-grandfather, grandfather, and father. When he and his partner, Pam Zavitz, toured the Lackawanna coal mine, it reinforced the meaning of the ancestral struggle that Steve says made him who he is.

TECH TIP—DECEMBER/JANUARY 2025-26

TV remote acting weird? Try new batteries. Still weird? Contact Maintenance to request a visit from Broadmead's tech guru, Red. —*Don Killgallon*

Classics Book Group

Charles Dickens' *Our Mutual Friend*
Mon., Dec. 15 at 10 a.m. in the Fireplace Room.

Third Mondays at 10:00 a.m.

2026 PROPOSED BOOKS:

January: *A Portrait of the Artist as a Young Man* (Joyce)

February: *Pride and Prejudice* (Austen)

March: *Phineas Redux* (Trollope)

April: *The Power and the Glory* (Greene)

May: *The Name of the Rose* (Eco)

June: *Jacob's Room* (Woolf)

July: *Portrait of a Lady* (James)

August: *Under Western Eyes* (Conrad)

September: *The Volcano Lover* (Sontag)

October: *A Room with a View* (Forster)

November: *Great Expectations* (Dickens)

December: *The Last Man* (M. Shelley)

"Broadway at Broadmead"

Ellen Katz highlights "The Pop Divas"

Mondays, Dec. 1 & 8 • 3-4:30 p.m.

Auditorium

First Monday Book Group

No meeting in December

Jan. 5 & Feb. 2: Discussions devoted to books about the anniversary of the American Revolution

10:30 a.m. • Fireplace Room.

Contact: Elsa Collins

Broadmead Writers

Mondays 1:00-2:30 p.m.

For information, contact

Maggie Babb, maggiebabb@gmail.com

New Arrivals

Judy Jones, K-1

Steve and Tina Rives, G-6

Donna Eden, F-6

Frank Berger, C-20

Sue Kim and Jobe Martin, Q-1

The Broadmead Chorus

welcomes residents and friends
who find joy in the experience
of singing with others
to participate in our weekly rehearsals,
and sing in two or three concerts a year.

Auditions are not required.
Commitment to attending
weekly rehearsals and learning
the music we sing is the gift we give,
and the gift we receive.

Interest, questions?
Contact Hillary Barry:
hlbpcb@gmail.com or x8336

Let's Sing

Monday, December 1
7 p.m. • Auditorium
&

Monday, January 12
7 p.m. • Auditorium
"Sing along" or tap your toes
to favorites old and new!
No experience necessary;
lyric books provided.

Jonathan Jensen is our accompanist.
Questions? Sharon McKinley:
410-660-9147

Quaker Meeting at Broadmead

Sundays 10:30-11:15 a.m.
Fireplace Room
All residents are invited.

Broadmead Stitchers

Join fellow needleworkers for any kind of
handwork/stitching (felting, crocheting,
knitting, needlepoint, whatever)
on Tuesdays from 1:30-3 p.m. in the Arts
and Ceramics Studio.
Participants share their work and ideas,
chat, and help each other.
(Contact: Lin Hardy, linhardy@comcast.net)

NEW RESIDENT PROFILE

Pam Zavitz

U-309, 410-440-0909, pamzavitz1@gmail.com, Nov. 4

Text and profile by Katy Taylor

Last name notwithstanding, Pam Zavitz's family roots are Italian. Born and raised in Cleveland, Ohio, her parents belonged to the Italian Club in that city's Little Italy. Her grandparents, who immigrated from Parma, Italy, were the chefs there. Her grandfather invented a type of ravioli that the family affectionately calls Grandpa Gabella's Ravioli. Pam makes 400 of them from scratch every Christmas to carry on the family tradition.

Pam attended Bowling Green Teaching College, after which she spent 45 years in elementary classrooms. She began in public school, but moved to independent schools early in her career. For her last 18



Pam Zavitz.

years, she was the lower school assistant principal at Friends School in Baltimore. She wasn't sure she wanted the promotion and insisted on continuing to teach at least one class a day. Pam had no intention of forgetting what it was like to be in the classroom.

While teaching at Cranbrook Lower School in Michigan, Pam taught the Iacocca children. Lee Iacocca found out she was not driving a Ford. Apparently, he felt sorry for her and sent over car keys so she could try out a Gran Torino. (You will have to ask her if she kept the car or not.)

When Pam married, she became stepmother to two girls. One granddaughter lives in North Carolina, and the other will soon become a lifeguard at Edenwald, a Towson CCRC. After becoming widowed, Pam met her partner, Steve Siperko, at church. They have been together for the past few years.

Pam loves her friends. She has known one, Beverly, since kindergarten, and another, Cec, since teaching at Cranbrook. Her sister, whom Pam refers to as "the love of my life," passed away last year. Pam inherited her dog, Ellie, who came with her own trust fund.

Pam likes to walk for exercise and looks forward to getting into a routine at Broadmead's gym. She is on the flower committee at her church and enjoys arranging flowers for the altar, especially at Christmas.

Get to know what's in our library

Go to <https://bm-ind.narvi.opalsinfo.net/bin/home#0> to browse the holdings in Broadmead's library and to learn about the latest books added to the collection. The library website also includes a Broadmead reference section.

PET PROFILE

Charlie settles into the Christie household

Text and photo by Jackie Mintz

At the time of this interview, Charlie had been part of Shirley Christie's life for a mere two weeks, but he had already filled much of the void in Shirley's life following the death of her previous cat, Mollie. Mollie, who was 19 years old when she died in May, had been part of Shirley's life for the whole 18 years Shirley has been at Broadmead. Shirley held out for almost five months before deciding to find a successor to Mollie.



Charlie surveys his new domain in Shirley Christie's garden home.

Charlie was at the Harford County Humane Society when Shirley arrived there with her daughter. He was six-and-a-half years old, and although he was chipped, the chip contained no information about him. He had been there since August. Shirley decided on the spot that he was what she was looking for.

Like most cats, Charlie sleeps a lot. Like some cats, but not all, he is very friendly. He loves to be petted and sleeps on Shirley's lap both day and night. But he adamantly resists being picked up.

Most of the time, Charlie displays a sweet temperament, but he gets "growl-ly" when handled too much. He does not hiss or swat. He grazes, often eating during the night. He drinks from the faucet but only if the flow is set at a desirable volume.

Shirley felt doubly lucky the day she found Charlie. The adoption fee was only \$31, due to Subaru's sponsorship. In addition, Shirley received a gift bag full of cat toys and treats. And, when she went back to pay, the staff said, "Let it be a gift to a senior."

HOLIDAY ENTERTAINING IS A BREEZE WITH BROADMEAD DOING THE CATERING

Go to "Online Requests" on Caremerge.
Select "Room Requests and Catering Requests."
Fill in the requested information and submit.

Questions? Call 443-578-8235 or
email catering@broadmead.org

Open Forums

7 p.m. • Auditorium

Thursday, Dec 11:

Edward C. Papenfuse, retired Maryland State Archivist and Commissioner of Land Patents, AND resident of Broadmead presents: "The History of Broadmead from land grant to the present."

Thursday, Dec 18:

Ukrainian National Ballet and Opera Company "The Nutcracker Suite" (video).

Thursday, Jan 8: TBA

Thursday, Jan 15:

"Keukenhof Tulip Gardens:" a video documentary of a major international tourist attraction in Amsterdam.

Check coming events on Caremerge or contact Mike Goodrich,
mpgoodruch1010@gmail.com

Resident Email List

(For current residents only)

To request to join the Broadmead resident email list, send email to:
brabroadmead@gmail.com.

Socrates Café

Short Video on: "Psychology of People who Don't Watch Football"

Question to probe: "What is our favorite distraction, and how does each of us measure our own awareness and aliveness?"

Tues., Dec. 16 • 10:30 a.m. • Auditorium

Sponsored by the

Towson Unitarian Universalist Church
—Open to all!—

Next program: Tues., Jan. 20.

For questions, contact Carel Hedlund at
cthedlund@msn.com or call 443-578-8525

Bridge, Anyone?

Duplicate Bridge is at 1 p.m. on Mondays and Rubber Bridge is at 1:15 p.m. on Wednesdays (with lessons at 12:30 p.m. that day), in the Fireplace Room.

Contact Sumner Clarren at s_clarren@msn.com to join the bridge email list or to request a partner.

Check out the BRA's Archives

Learn about Broadmead's history, residents, publications, and other documents, conveniently indexed on the BRA website:

http://archives-broadmead.net/index.php/Main_Page

Want to play Mah Jongg?

Mah Jongg players get together at Broadmead twice a week: on Thursdays at 10:30 a.m. in the Fireplace Room and on Tuesdays at 11 a.m. in the Upland Community Room. To join the group, or if you are new to the game and want to learn to play, email Sharon Baughan, zbaughan@yahoo.com.

Moving Around Broadmead

Joe Nietubicz
from N-10 to Darlington 201 (DR-201)

Broadmead Connect Café

Fri., Dec. 5 • 1-2p.m.
Seminar Room
Learn how to use the Broadmead Connect website.
Bring your laptop, phone or tablet.

FROM THE ARCHIVES

December 1979

From the first "All Residents Meeting"

Residents were urged to give their apartment numbers to all their correspondents because, otherwise, mail distribution will be seriously hampered and delayed.

Lingering and tenacious construction and equipment performance problems were noted by Trueblood and Walker, and maximum effort for their prompt alleviation was promised.

A final suggestion, well-received by the audience, was that cluster representatives be encouraged to call cluster meetings in order to facilitate opportunities for residents to become better acquainted.

January 1981

MENDING FOR BROADMEAD GIVES NEW DIMENSION TO "SEW AND SO" GROUP

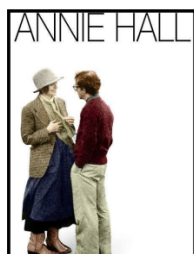
One day at lunch, Resident K. was interested in the activities of the Sew and So group. "But you do all that work for needy babies. Why do you neglect residents at Broadmead?" Resident H. spoke up: "Yes, I had some badly needed mending to do. It took me all morning to thread the needle." This set the writer to thinking, and soon a notice appeared on the bulletin board, inviting residents to call one of the volunteer menders on the list. The only recompense was the suggestion that the resident make a contribution to the Sew and So Group to buy materials for their charity work.

One volunteer has accepted responsibility for mending on Taylor and Hallowell. By the amount she turns over to our treasurer, she must stay up at night doing the mending. In fact, it is an indication of the great need for this service, and it gives us a wonderful feeling of being needed.

Sourced by Kathleen Truelove. Spelling and punctuation is original, with no editing.

DECEMBER MOVIES AT BROADMEAD

Saturdays & Tuesdays • Auditorium • 7:00 p.m.



Saturday, Dec. 6: Annie Hall

Amazon rental

Alvy Singer, a divorced Jewish comedian, reflects on his relationship with Annie Hall, an aspiring nightclub singer. Directed by Woody Allen, who co-stars with Diane Keaton. Four Academy Awards, including Best Picture and Best Actress. 1977 Comedy PG 1 hr 33 min



Tuesday, Dec. 23: The Holly and The Ivy

Kanopy, Amazon rental

The pull of love, independence, and duty in the family of an English clergyman. An outstanding British cast: Ralph Richardson, Celia Johnson, Margaret Leighton. 1952 Drama 1 hr 20 min



Tuesday, Dec. 9: One Battle After Another

Amazon rental—Start time: 6:30 p.m.

When their evil enemy resurfaces after 16 years, a group of ex-revolutionaries reunites to rescue the daughter of one of their own. Directed by Paul Thomas Anderson; with Leonardo DiCaprio, Teyana Taylor, Sean Penn, Chase Infiniti, Benicio del Toro, Regina Hall. Strong language, violence, dark comedy. 2025 Drama R 2 hr 42 min plus intermission



Saturday, Dec. 27: The Magic Flute

Start time: 2 p.m.

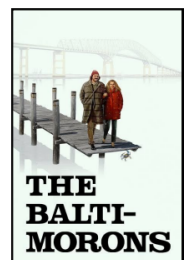
The Metropolitan Opera abridged version, in English. With giant puppets as well as singers. Designed by Julie Taymor; conducted by James Levine. Papageno (Nathan Gunn) steals the show. Suitable for older children. 2008 1 hr 52 min



Saturday, Dec. 13: Downton Abbey

Amazon rental

Mary finds herself at the center of a public scandal and the family faces financial trouble. The Crawleys must embrace change as the staff prepares for a new chapter. 2025 Period drama PG-13 2 hr 6 min



Saturday, Dec. 20: The Baltimore

Amazon rental

A newly sober man's Christmas Eve dental emergency leads to an unexpected romance with an older dentist as they explore Baltimore together. Directed by Jay Duplass; with Michael Strassner, Liz Larsen. 2025 Comedy R 1 hr 41 min

—January Movies—

All movies available on Netflix except as noted.

Saturday, Jan. 3: A House of Dynamite

Saturday, Jan. 10: The Thursday Murder Club

Tuesday, Jan. 13: Steve

Saturday, Jan. 17: Train Dreams

Saturday, Jan. 24: Let's Not Go to the Dogs Tonight

(Amazon rental)

Tuesday, Jan. 27: I'm Still Here

Saturday, Jan. 31: Groundhog Day

Audiovisual volunteers needed

The AV committee continues to need volunteers to handle microphones, show movies and set up presentations. Training is provided and prior experience is not necessary. *To get involved, contact MJ Schroeder, AV Coordinator, at mjschroeder13081@gmail.com.*

NEW GROUPS FOR RESIDENTS

12-Step Recovery group begins

Broadmead's new 12-Step Recovery Group Meeting began on November 22. Meetings are held on Saturdays at 1:30 p.m. in the Seminar Room, and are open to anyone who has ever participated in a 12-Step Program or who has an interest in changing unhelpful thoughts and behaviors associated with dependence and/or addiction. Questions? Contact Teresa Geroulo at tgeroulo@broadmead.org or 443-578-x8035.

"Expressions" group aids those with mild memory challenges

Expressions, a private support group for Broadmead residents living with mild to moderate memory challenges, meets monthly. Participants share challenges and topics that relate to their experiences. Specific educational topics are also reviewed.

Members of the group remain anonymous to anyone not involved, and all discussions are private. If interested in joining the group, contact Stacey Young, Director of Dementia Care, at 443-578-8026 or syoung@broadmead.org. The group is facilitated by Stacey and Teresa Geroulo, Director of Social Work.

BIRDWATCHING AT BROADMEAD

The Mourning Dove

By Debbie Terry

The soft, sad, mournful call—often described as “coo-ah, coo, coo, coo”—is one of our most familiar bird sounds, and this call gave our bird the name “mourning dove.”

The Mourning Dove is one of the most abundant and widespread of North American birds. They live in Maryland year-round and are prolific breeders. In a single year, one pair may raise up to six



The Mourning Dove. Photo courtesy of the Maryland Biodiversity Project.

broods of two young at a time—more than any other native bird. Both parents incubate and care for their young.

Their primary predators when in flight are falcons and hawks. Since they spend much of their time on the ground looking for seeds, other predators include snakes, raccoons, and cats.

When feeding on the ground, Mourning Doves swallow seeds and store them in an enlargement of the esophagus called the crop. Once it is filled, they can fly to a safe perch to digest their meal. They regularly consume 12 to 20 percent of their body weight in a day. They also regularly swallow grit to aid in the digestion of hard seeds.

Many people regard a visiting Mourning Dove as a spiritual sign of hope, peace, and love.

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Deadline for submissions for the February issue is the 15th of January. Please query the Editor if you have a story idea.

EDITORIAL POLICY: The *Voice* is published September through June (combined issue for December and January) by and for the Broadmead Residents Association, whose president is Stan Wilson. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, the *Voice* does not publish criticism or controversial opinions about individuals or about the three organizational bodies that constitute Broadmead (residents, administration and trustees), as there are established procedures for the resolution of internal problems. The *Voice* will not publish matters of a religious or political nature, except in the context of reports about events on campus. Publicity for upcoming events is preferred to reports on events already held. Submissions from outside media are not published owing to space limitations and possible copyright issues.

Decisions about content as well as writing and photography assignments are made by the Editor in consultation with the Editorial Board, at meetings usually held on the fourth Tuesday of each month. Ideas or suggestions for articles should be submitted to the Editor, Alice Cherbonnier, by email: alicecherbonnier@gmail.com. Only digital text files are acceptable, in Word or Pages. All copy is subject to editing, including for length. Digital photos only, please; these should be submitted in high resolution (“actual size”).